

## Use of Particle Counter System for the Optimization of Sampling, Identification and Decontamination Procedures for Biological Aerosols Dispersion in Confined Environment

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### Abstract

In a CBRNe (Chemical, Biological, Radiological, Nuclear and explosive) scenario, biological agents hardly allow efficient detection/identification because of the incubation time that provides a lag in symptoms outbreak following their dissemination. The detection of atmospheric dispersion of biological agents (i.e.: toxins, viruses, bacteria and so on) is a key issue for the safety of people and security of environment. Another fundamental aspect is related to the efficiency of the sampling method which leads to the identification of the agent released; in fact an effective sampling method is needed either to identify the contamination and to check for the decontamination procedure.

Environmental monitoring is one of the ways to improve fast detection of biological agents; for instance, particle counters with the ability of discriminating between biological and non-biological particles are used for a first warning when the amount of biological particles exceeds a particular threshold. Nevertheless, these systems are not able to distinguish between pathogen and non-pathogen organisms, thus, classical "laboratory" assays are still required to unambiguously identify the particle which triggered the warning signal. In this work, a combination of commercially available equipment for detection and identification of the atmospheric dispersion of biological agents was evaluated in partnership between the Italian Army, the Department of Industrial Engineering and the School of Medicine and Surgery of the University of Rome "Tor Vergata". The aim of this work, whose results are presented here, was to conduct preliminary studies on the dynamics of biological aerosols fallout after its dispersion, to improve detection, sampling and identification techniques. This will help minimizing the impact of the release of biological agents and guarantee environmental and people safety and security.

**Keywords:** Counters; Air sampling; Detection; Identification; Biological contamination; Particle decontamination

### Introduction

An aerosol release of biological agents (i.e. toxins, vegetative bacteria, endospores, viruses, fungal and mold spores) is the main concern about a biological attack [1], but it can also be the result of routine operation in an industrial or healthcare structure [2-7]. To prevent and manage the possible diffusion of biological agents and the subsequent contamination, there are three activities to implement: detection, identification and decontamination [8].

The dispersion may occur in an open area or in a confined environment: homes, offices and other public enclosures such as airports, shopping malls, subway stations, theaters and arenas. These inherently three-dimensional living spaces are made more complex due to the placement of doors, windows, vents, walls and furniture [9].

For this reason it becomes essential to acquire information about the dynamics of dispersion and deposition of biological agents, which will be useful to optimize either the positioning of the detectors and samplers, and the procedures for decontamination.

Chemical and radiological agents are relatively easy to detect and identify thanks to their intrinsic features: furthermore, fast, field portable and "user friendly" instruments are already available for their detection and identification [10,11]. On the other hand, due to the complexity of the molecules constituting the biological agents, equipment and methodologies for detection and identification of

biological aerosols are still in an embryonic phase of development [12-15].

Efforts are continuously made to create a unique instrument either for detection and identification of biological aerosols basing on the dimensional and fluorescence characteristics of the biological agents [16-18], but results from these efforts showed that despite the advances in discriminating between biological and non-biological molecules, the

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simultaneous identification of the biological agent (or agents) is still a demanding issue.

For this reason, sampling represents a key point to guarantee the effectiveness of the identification phase, which itself, represent a main issue especially in emergency situations. In fact, even if in these situations it can be performed either with consolidated microbiological or immunochemical techniques and with cutting edge molecular techniques (such as microchip arrays [19]), (Real-Time PCR [20]), or with classical spectrometry technologies (such as Differential Mobility Spectrometry (DMS) [21]), none of these options can be considered a fully "real time" technique, and, in general, these techniques are limited to biological agents which are already known.

This topic is of particular concern for military forces and fire brigades which, in case of biological releases, are equipped and trained for detection identification and decontamination procedures of personnel and technical equipment, thus, particular efforts should be put into the optimization of these procedures [22].

Aerodynamic particle counters (APC) are currently used to estimate pollutants in air: a particle counter can measure the diameter and number of particles in the air with the least expenditure of time and materials, and with greater accuracy than can be obtained by any other method. Particles may be either droplets of fluid or particles of solids [23].

Discrimination among particle sizes is realized thanks to their property of scattering light from an incident light source, while discrimination among biological and non-biological particle is achieved by fluorescence measurement. Indeed, biological particles are able to emit fluorescence when excited at specific wavelengths (mainly from 250 to 500 nm) thanks to the presence of ubiquitous endogenous fluorophores, mainly aromatic amino acids, reduced NAD, NADP, FAD and riboflavin) [24,25].

In this study, biological aerosols, produced by means of different atomizers, were released in a confined environment and the dynamics of their deposition were evaluated using an Aerodynamic Particle Counter (APC) together with active and passive aerosol sampling.

Results from these trials will help identifying best practices for air monitoring, sampling, identification and response in case of atmospheric dispersion of biological agents.

## Materials, Instruments and Methods

In these trials, a solution containing *Saccharomyces cerevisiae*, was atomized within a sealed chemical hood using two different atomizers, in different experimental conditions.

It has to be underlined that *S. cerevisiae* is not a recognized biological warfare agent stimulant, but it was chosen to guarantee safety of operators because of its non-pathogenicity and because its structural characteristics are in between prokaryotic and eukaryotic organisms (cell wall, nucleus, double strand linear chromosome). Furthermore, all the experiments were conducted using *Saccharomyces* "training kits" (Idaho Technology, Inc. now supplied as BioFire Diagnostics, Inc), which are specifically designed to safely perform laboratory routines in the same experimental conditions as using BWA samples.

First of all, the deposition dynamics were evaluated by means of an aerodynamic particle counter. After evaluating the appropriate setup for the atomization and dispersion of the biological aerosol, air and

surface samples were collected by means of an automatic air sampler and by swabbing Petri dishes placed on the worktop of the hood, respectively. Samples were then analyzed by Real-Time PCR assay, and by direct plating on Agar Sabouraud [26].

## Biological aerosol production and aero-dispersion

A solution containing commercially available, food grade, lyophilized *Saccharomyces cerevisiae* (Bertolini) at concentration of 7 g/L has been aerosolized and released for 3 minutes, within a sealed chemical hood (1.5 m<sup>3</sup> volume) according to the three following experimental conditions:

- using a pre compression (manual) pump at a temperature of 25°C;
- using an automatic atomizer which releases particles in the range between 5 and 20 micron, with a flux of 0-70 mL/min at a temperature of 18°C;
- using an automatic atomizer which releases particles in the range between 5 and 20 micron, with a flux of 0-70 mL/min at a temperature of 25°C.

## Biological aerosol detection

The aerodynamic particle counter used in these trials is the Fido B2 IBAC (FLIR<sup>®</sup>) which has an air flow rate of 3.8 liters per minute and allows detecting particles with a diameter greater or equal to 0.7 micron. Detection was performed in continuous.

## Sampling methods

Two different methods were used to sample the biological aerosol. Active sampling of aerosol in air was performed by means of the portable sampler Fido 1 (FLIR<sup>®</sup>). This instrument has a sampling flow rate of 200 liters per minute and can collect particles whose size ranges between 0.5 and 10.0 micron. The collected air sample is diluted in the aqueous solution (provided by the manufacturer) in a volume between 2 and 5 ml.

Each air sample derived from a 5 minutes air sampling. This specific duration of sampling (5 minutes) was chosen in accordance to the volume of air in the hood (1.5 m<sup>3</sup>) to avoid re-suspension phenomena. Collected samples were then diluted in a liquid volume of 5 ml.

Passive sampling was performed by swabbing opened Petri dishes positioned on the worktop of the hood. Air and surface samples were collected at time intervals of an hour, and after about 24 hours from the release.

## Real-Time PCR

Real-Time PCR assay was conducted using the the R.A.P.I.D.TM (Ruggedized Advanced Pathogen Identification Device) BioDetection system (Idaho Technology Inc, now supplied as BioFire Diagnostics, Inc.), a ruggedized, portable Real-Time PCR designed to identify biological agents especially for mobile analytical labs and fields hospitals. DNA extraction from the samples has been performed using the "IT 1-2-3 DNA Sample purification kit" (BioFire Diagnostics, Inc). The "*S. cerevisiae* Detection Kit for Hybridization Probe assay" (Idaho Technology, Inc., now supplied as BioFire Diagnostics, Inc.) was used for the identification of the agent; the kit consists of lyophilized reagents including primers which have specificity for *S. cerevisiae* and are validated according to the GMP (Good Manufacturing Practice) standards.

A fragment of the target DNA is amplified using specific primers. The amplicon is detected by fluorescence using a specific pair of hybridization probes. These probes consist of two different short oligonucleotides that hybridize to an internal sequence of the amplified fragment during the annealing phase of the reaction cycle. One probe is labeled at the 5' end with LCRed 640. To avoid extension on the 3' end, it is modified by phosphorylation. The second probe is labeled at the 3' end with fluorescein.

After hybridization to the template DNA the two probes come in close proximity, resulting in fluorescence resonance energy transfer (FRET) between the two fluorophores. The fluorescence emitted by the LCRed 640 dye is measured in channel 2 of the R.A.P.I.D. instrument. The fluorescent signal from the unknown sample is compared to the signals from the positive and negative control samples. Real-Time PCR reactions were optimized at a temperature of 90°C for 5 seconds, 35 amplification cycles at a temperature of 60°C for 15 seconds. The melting curve analysis has been performed reaching a temperature of 90°C with a ramp of 0.2°C/seconds. For Real-Time PCR cycles and melting curve settings, and sample preparation, protocols have been implemented according to the manufacturer's instructions.

## Culture media

*S. cerevisiae* samples (0.1 mL from: *S. cerevisiae* solution just after aerosolization; 0.1 mL solution from air sampler and swab from the Petri dishes) were plated on Agar Sabouraud [26] and incubated at a temperature of 37°C for 48 hours.

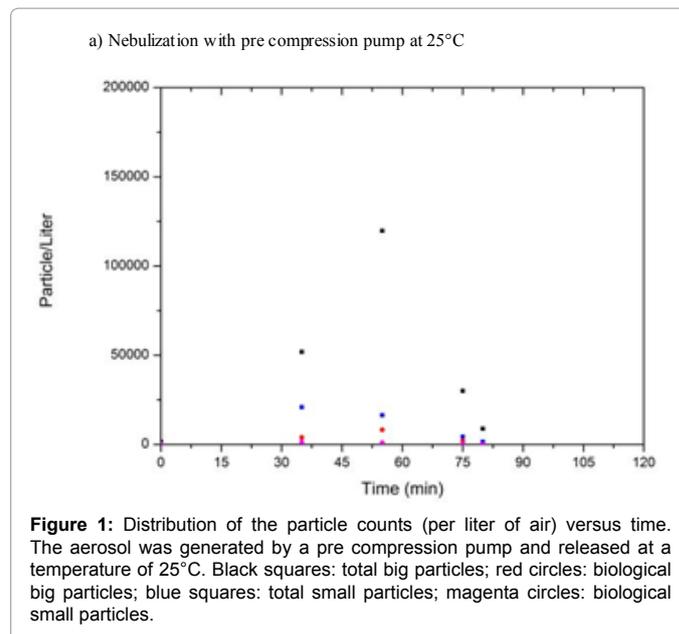
## Results

The first step of the trials was to evaluate different dispersion temperatures and systems to investigate the behavior of the biological aerosol in these experimental conditions. Particle counts, air and surface sampling were performed, at regular time intervals, as described in the methods section. Finally, samples were analyzed for qualitative information about the presence or absence of the microorganism with Real-Time PCR and for semi-quantitative information by plating samples on Agar Sabouraud. Results from these trials are reported in the following paragraphs.

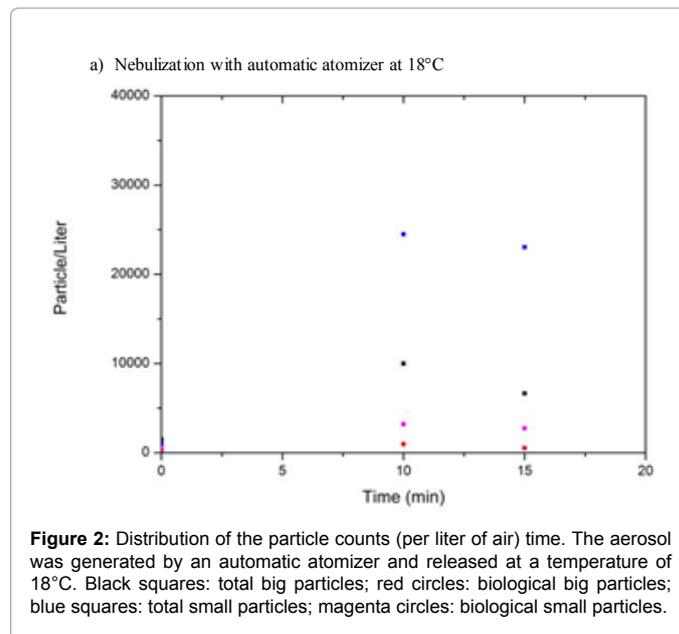
### Nebulization trials and particle counts

Particle counts were performed with the Fido B2 IBAC (FLIR®); this instrument is able to discriminate between biological and non-biological particles, thus results show both total particle counts (per liter of air) and biological particle counts (per liter of air). Particle counts are further divided into small (less than or equal to 0.7 micron) and big (greater than 0.7 micron) particles. Results from particle counts are shown in Figures 1-4. The dynamic of the particle diffusion seems to differ significantly according to the dispersion method. When the aerosol is generated with the pre-compression pump, in fact, a rapid drop of the counts for the small particles occurs just 50 minutes after the dispersion.

When the aerosol is generated by means of an automatic atomizer and released at a temperature of 18°C, the count of big and small biological particles drops to a minimum after just 15 minutes from the release. On the other hand, when the nebulization is performed with the same automatic atomizer, at a temperature of 25°C, the particle count show a more homogenous distribution of big and small, biological and non-biological particles within 24 hours from the release of the aerosol.



**Figure 1:** Distribution of the particle counts (per liter of air) versus time. The aerosol was generated by a pre compression pump and released at a temperature of 25°C. Black squares: total big particles; red circles: biological big particles; blue squares: total small particles; magenta circles: biological small particles.



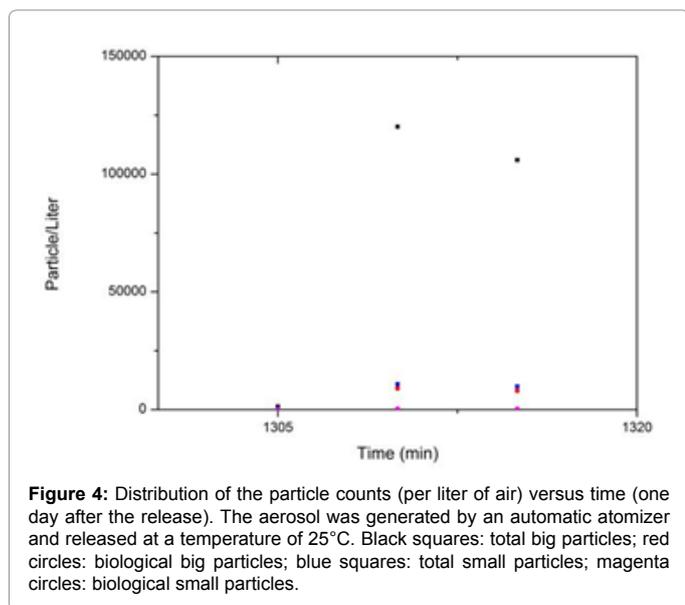
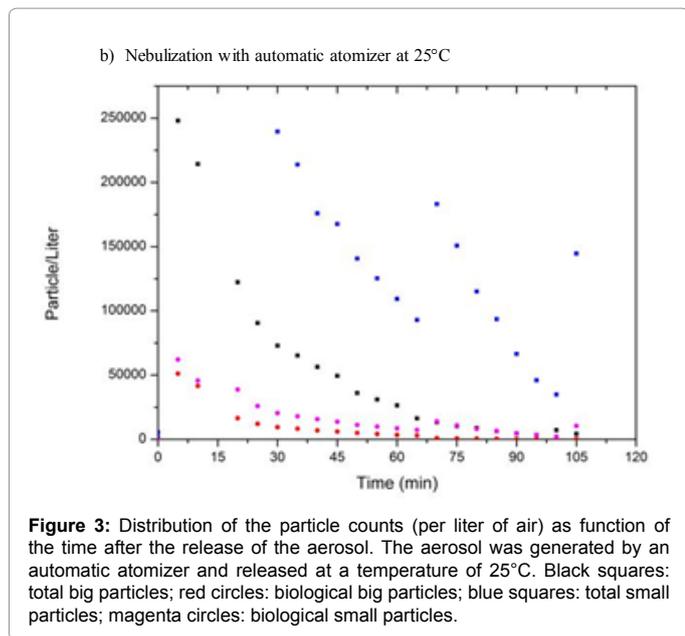
**Figure 2:** Distribution of the particle counts (per liter of air) time. The aerosol was generated by an automatic atomizer and released at a temperature of 18°C. Black squares: total big particles; red circles: biological big particles; blue squares: total small particles; magenta circles: biological small particles.

For this reason, air samples and samples of deposited aerosol were collected and analyzed for this latter dispersion model.

### Real-Time PCR analysis

Real-Time PCR assay was performed on *S. cerevisiae* samples collected by means of a) the automatic air sampler Fido 1 (FLIR®) and b) swabbing Petri dishes positioned on the worktop of the sealed chemical hood. Samples were collected 5 minutes, 1 hour, 2 hour and 22 hours after the dispersion of the aerosol.

Qualitative results from Real-Time PCR assay are shown in Table 1: a positive result indicates the presence of recognizable genome target sequences from *S. cerevisiae*, a negative result indicates the absence of recognizable target sequences from the same organism.



### Microbiological growth (viability assay)

To verify the effects of nebulization and active sampling on cells viability, samples of the biological aerosol collected by means of active and passive sampling were plated on Agar Sabouraud and incubated at 37°C for 48 hours. Results are shown in Table 2.

### Discussion

Preliminary outcomes from the three trials show significant differences among the three different experimental conditions. These were chosen to investigate differences in the behavior of the aerosol according to two parameters: temperature (18°C and 24°C), and different atomizing systems (manual or automatic). This was made to take into account that a biological aerosol release, and especially one caused by a terrorist attack, could be performed by means of very different dispersion systems, and in open or confined environments,

thus at different temperatures. When the bio-aerosol is generated by means of a pre-compressed pump, detectable big and small particles tend to rapidly decrease within 50 minutes from the release. Similar observations were made when the *S. cerevisiae* solution was aerosolized by means of an automated atomizer and released at a temperature of 18°C. On the other hand, when the aerosol is produced by the same automatic atomizer, but is released at a temperature of 25°C, countable particles persist in air at least more than 100 minutes.

Countable particles can be found also after about 24 hours from the release; nevertheless it should be noticed that values at 21.45 hours (1305 minutes) are 1 order magnitude less than values obtained 5 and 10 minutes later, suggesting that some re-suspension phenomena may have occurred. This point should be taken into particular consideration when sampling occurs in small, confined environments.

Ratio between big and small particles is also different according to which instrument produced the aerosol: the pre-compressed pump generated more big particles than small particles, an opposite result can be observed for the automatic atomizer either when the release occur at a temperature of 18 or 25°C; this result clearly depends on the technical characteristic of the atomizers and this can produce differences in the aerosol characteristics.

Real-Time PCR assay performed on air and surface samples collected at time intervals of 5, 60, 120 minutes and 22 hours after the release, showed amplification of *S. cerevisiae* target sequences for each of the time intervals. These preliminary results should be further investigated with the aim of correlating the particle count with sensitivity of the PCR assay [27].

Cell viability assays shows growth for all samples collected at each time interval after the release either from the surface of the hood and from air samples, with the only exception of the air sample collected one day (18 hours) after the release of the aerosol.

This result is of particular interest if compared with the positive result of the PCR for an air sample collected 22 hours after the release.

#### Real-Time PCR assay

Time of sampling after the aerosol release	Sampling method	Result
5 min	swab	Positive
5 min	Fido 1	Positive
60 min	swab	Positive
60 min	Fido 1	Positive
120 min	swab	Positive
120 min	Fido 1	Positive
22 hours	swab	Positive
22 hours	Fido 1	Positive

**Table 1:** Real-Time PCR results for samples collected at different time interval from the release of the biological aerosol. Samples were collected by active air sample (Fido 1) method and by passive sampling by swabbing Petri dishes placed on the worktop of the chemical hood. "Positive" indicates specific amplification of the sample; "Negative" indicates the absence of amplification.

#### Cell viability assay

Time (minutes) 0	Swab	Fido 1	Culture growth
5	growth	growth	
60	growth	growth	
120	growth	growth	
1080	growth	no growth	

**Table 2:** Swab from Petri dishes on the worktop and 0.1 mL of solution from air sampler plated on Agar Sabouraud.

On one hand it could support the hypothesis of the re-suspension phenomenon due to the air sampling instrument; on the other hand it may suggest that Real-Time PCR is able to detect contamination from nucleic acids which, in this particular case, could have been released from cells which were damaged or were viable but non-culturable [28] as a consequence of the nebulization or the sampling process.

## Conclusions

Biological contamination of open space or confined environments is a main issue from a military and civilian point of view. In case of biological threaten towards military forces, these ones should be able to efficiently perform detection, identification and decontamination procedures to minimize risks for operators and safeguard sensible equipment.

In this study, the authors evaluated different aspects of the detection of atmospheric release of biological agents by simulating the release of a biological agent in a confined environment, starting from finding a proper methodology for the production of the aerosol, to the proper methodology for sampling and revealing the presence of contamination in air and surfaces sampling. Preliminary results suggest that the methodology for the production of the aerosol has a deep impact on the detection method based on aerodynamic particle counters.

Furthermore, classical biological assays for the detection and identification of a potential threat may not be sufficiently sensitive, beyond being time consuming, when samples are collected by means of automatic samplers. At this purpose, Real-Time PCR appears to be a useful implementation of conventional identification techniques due to its ease of use (also that of the preparation of the sample) and interpretation of the results and it can easily be part of a "network" of sensors, samplers and identification tools. Nevertheless, it cannot be applied for the identification of toxins, which are considered biological agents too.

For this reason, at the present moment, only the combination of several non-biological and biological techniques can help detecting and identifying biological agents and, further studies will be required to find a unique, integrated, fast and field portable tool, for the real-time detection and identification of biological agents.

These needs, are a primary concern for military forces and fire brigades dealing with CBRN events, but these studies also have a wide civilian application for critic infrastructures safety and security to help prevent and manage the spreading of diseases and biological attacks and, of course, in the healthcare environment, where a fast detection and identification of biological agents could help optimizing the decontamination procedures further reducing the risk for hospital-acquired infections.

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